

# SAILING INSTRUCTIONS

## 34<sup>th</sup> INTERNATIONAL SAILING WEEK OF SCHOELCHER

Organizing Authority (OA): Nautic Club of Schoelcher (CNS)

14<sup>th</sup> to 17<sup>th</sup> february 2026

Grade 4 : ILCA 4 - ILCA 6 - Optimist - Bic techno 293 - Wind Foil – Wing Foil.

Grade 5A : ILCA7. Grade 5B : Sunfish.

*The notation [NP] in a rule means that a boat cannot protest (No protest) against another boat when infringing this rule. This changes RRS 60.1.*

*The notation [DP] in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.*

### 1. RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing 2025 – 2028.
- 1.2 Appendix will be applied: SD (semi-direct), B (windsurf), WF (wing foil), and T (conciliation).
- 1.3 The federal regulations, including the technical regulations for competitive sailing and the FFVoile Charters of the FFVoile.
- 1.4 Technical and safety regulations applicable to foiling equipment and kiteboarding in competition.
- 1.5 Personal flotation devices shall be worn at all times while on the water in accordance with RRS 40. This changes RRS 40.1 and 40.2.
- 1.6 If there is a conflict between languages the French text takes precedence.

### 2. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted 2 hours before the first warning signal of the day, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

### 3. COMMUNICATIONS WITH ATHLETES

- 3.1 The notices to competitors will be posted on the official board located under the tent on the embankment in front of the nautical base hangar.  
A WhatsApp group may be used to mirror the official notice board as per **addendum 5** – WHATSAPP.
- 3.2 *[DP] [NP]* Except in an emergency, a boat while racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

### 4. CODE OF CONDUCT

- 4.1 *[DP] [NP]* Competitors and support persons shall comply with reasonable requests from race officials.

- 4.2 [DP] [NP] The competitors and accompanying persons must use all equipment and permanently wear on the water the lycras and any advertising provided by the organizing authority with care, respecting navigation rules, in accordance with any usage instructions, and without interfering with its proper functioning. Additionally, wearing the official event polo shirt is strongly recommended for the prize-giving ceremony.

## 5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flags pole at the front of the club.
- 5.2 When the AP flag is displayed, the warning signal cannot be made less than 30 minutes after the AP is lowered (this modifies race signals).

## 6. SCHEDULES OF RACES AND ASSIGNMENTS OF RACE AREAS

### 6.1 Schedule of races

DATE	PROGRAM		
Friday 13 <sup>rd</sup> february	9h00 – 12h00 14h00 – 17h30	Registrations Registrations	Club office Club office
Saturday 14 <sup>th</sup> february	9h00 – 11h30 12h00 13h30	Registrations Sailors Briefing 1 <sup>st</sup> Warning signal	Club office Race Office On water
Sunday 15 <sup>th</sup> february	9h00 10h30 16h00	Sailors Briefing 1 <sup>st</sup> Warning signal Master Classe – RCV – 1	Race Office On water Jury's room
Monday 16 <sup>th</sup> february	9h00 10h30 16h00	Sailors Briefing 1 <sup>st</sup> Warning signal Master Classe – RCV – 2	Race Office On water Jury's room
Tuesday 17 <sup>th</sup> february	8h30 09h30 18h00	Sailors Briefing 1 <sup>st</sup> Warning signal Prizes giving ceremony	Race Office On water Jury's room

### 6.2 Numbers of races:







<u>Classes</u>	<u>Races</u>
Optimist benjamins.	A maximum time of 4 hours on the water is recommended.
Optimist minimes.	A maximum time of 6 hours on the water is recommended.
ILCA 4 – ILCA 6 - ILCA 7 – Sunfish.	A maximum of 3 races per day.
Bic 293.	A maximum of 4 races per day.
Windfoil – Wingfoil.	A maximum of 5 races per day.

- 6.3 To alert Optimist, ILCA, Sunfish and Bic 293 that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.

- 6.4 To alert Wingfoil and Windfoil that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least two minutes before a warning signal is made.
- 6.5 On the last scheduled day of racing no warning signal will be made after 12 :30.
- 6.6

Classes	Saturday	Sunday	Monday	Tuesday
Optimist	Bravo	Bravo	As per amendment	
ILCA 4, ILCA 6, ILCA 7	Bravo	Bravo		
Sunfish	Bravo	Bravo		
Bic 293	Bravo	Bravo		
Wingfoil	Alpha	Alpha		
Windfoil	Alpha	Alpha		

## 7. CLASSES FLAGS

<u>FLEETS</u>	<u>CLASSES FLAGS</u>	<u>INFORMATIONS</u>
Optimist Benjamins - Minimes		The fleet may be combined into a single fleet.
ILCA		The fleet may be combined into a single fleet.
Sunfish		The fleet may be combined into a single fleet.
Bic 293		The fleet may be combined into a single fleet.
Wingfoil		The fleet may be combined into a single fleet.
Windfoil		The fleet may be combined into a single fleet.

## 8. RACING AREAS

SI Addendum 1 - « RACING AREA » shows the location of the racing area.

## 9. COURSES

- 9.1 SI Addendum 2 - "COURSES" shows the courses.
- 9.2 No later than the warning signal, the race committee will display the course and, if necessary, the approximate compass bearing and the length of the first leg on a board on the race committee starting vessel.

- 9.3 A marathon course may be organized for windfoils and wingfoils. The Race Committee will issue an Amendment in accordance with SI 2. The course to be sailed will be described at the competitors' briefing.
- 9.4 For Windfoil and Wingfoil classes, the courses will be Course Racing or Marathon.

## 10. MARKS

RACING AREA	Start	Courses	Finish
ALPHA	Cylindrical <b>WHITE</b>	Cylindrical <b>YELLOW / ORANGE</b>	Cylindrical <b>PINK</b>
BRAVO	Cylindrical <b>WHITE</b>	Cylindrical <b>GREEN</b>	Cylindrical <b>WHITE</b>

## 11. OBSTRUCTIONS

No obstructions.

## 12. THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the race committee signal vessel and either:
- 12.1.1 the course side of the other starting mark, or
  - 12.1.2 a staff displaying an orange flag on a pin boat which is the other starting mark.
- 12.2 *[DP] [NP]* Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 12.4 For Optimist, ILCA, Sunfish and Bic 293 races will be started using RRS 26.

Minutes before starting signal	Visual signal displayed	Visual signal removed	Sound signal	Means
10 (minimum)	Orange starting line		1	Race will start soon
5	Class flag		1	Warning signal
4	Uniform or black		1	Preparatory and start penalty
1		Uniform or black	1 long	Last minute
0		Class flag	1	Start

12.5 The starting procedure will be in accordance with the appendix “WF” for Wingfoil and Windfoil.

Minutes before starting signal	Visual signal displayed	Visual signal removed	Sound signal	Means
5 (minimum)	Orange starting line		1	Race will start soon
3	Class flag		1	Warning signal
2	Uniform or black		1	Preparatory and start penalty
1		Uniform or black	1 long	Last minute
0		Class flag	1	Start

### 13. CHANGE THE NEXT LEG OF THE COURSE

No items.

### 14. FINISH – SHORTER COURSE

- 14.1 The finishing line will be between a staff displaying a blue flag on the race committee finish vessel and the course side of the other finishing mark.
- 14.2 In the event of a course shortening, the finishing line will comply with RRS 32.
- 14.3 For Wingfoils, when flag "charlie", accompanied by two sound signals, is displayed, all wingfoils still racing will be scored in the position they hold at the time of the signal, without completing the remainder of the course or finishing. Boats may then sail directly to the starting area to prepare for the next start. This changes Rule 28 and Appendix A4 of the Racing Rules of Sailing.

### 15. PENALTY SYSTEM

- 15.1 Appendix SD will apply. **SI Addendum 4** - “SEMI-DIRECT” shows the appendix.
- 15.2 *[DP]* The penalty for a breach of a rule (except RRS Part 2 and RRS 31) may, at the discretion of the protest committee, be less than disqualification.

### 16. TARGET TIMES AND TIME LIMITS

16.1

Classes	Target Time	Mark 1 Time Limit
Optimist	40 minutes	30 minutes
ILCA	40 minutes	20 minutes
Sunfish	50 minutes	30 minutes
Bic 293	40 minutes	20 minutes

Wingfoil & Windfoil	Racing : 20 minutes Marathon : 60 minutes	Racing : 15 minutes Marathon : 30 minutes
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- 16.2 Boats finishing more than 20 minutes after the first boat to complete the course and finish will be classified DNF (Did Not Finish) without instruction (this modifies RRS 35, A4, and A5).
- 16.3 For “racing” format courses, Windfoils and Wingfoils failing to finish within 10 minutes after the first board sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes RRS 35, A4 and A5.
- 16.4 For “Marathon” format courses, Windfoils and Wingfoils failing to finish within 20 minutes after the first board sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes RRS 35, A4 and A5.
- 16.5 Failure to meet the target time will not be grounds for redress. This changes RRS 61.1(a).

## **17. PENALTIES AND HEARING REQUESTS**

- 17.1 The protest time limit for each event is 60 minutes after either:  
17.1.1 The last boat in the fleet has finished the last race of the day, or  
17.1.2 The race committee announces that there will be no more races today, whichever is later.
- 17.2 Hearing request forms are available at the race office located at the entrance of the club.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the jury room located on the first floor of the nautical base, beginning at the time posted.
- 17.4 Immediate hearings: with the agreement of all parties, a hearing may begin without following the scheduled time, provided the jury is satisfied that the requirements of RRS 63.1 are met.
- 17.5 Notices of protests by the race committee, technical committee or protest committee will be posted on the Official Notice Board and, when possible, on the WhatsApp group to inform boats under RRS 60.2(d).
- 17.6 A list of boats that have been penalized under Appendix SD will be posted on the official notice board.

## **18 SCORING**

- 18.1 4 races are required to be completed to constitute a series.
- 18.2 Excluding races  
(a) When fewer than 4 races have been completed, a boat’s series score will be the total of her race scores.  
(b) When 4 or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.
- 18.3 A ranking by category may be established. It will be extracted from the overall rankings without recalculating points.
- 18.4 For Windfoils and Wingfoils: Scoring modalities  
(a) Course Racing format races will count as one (1) race,  
(b) Marathon format races will count as two (2) races.

<b>19</b>	<b>SAFETY REGULATIONS [DP] [NP]</b>
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- 19.1 At each departure and return to shore, including returns signaled by flag "H", signing a check-out/check-in sheet is mandatory for all classes in competition.
- All competitors shall sign the check-out sheet before going afloat and the check-in sheet immediately upon returning to shore.
  - The check-out sheet will be open at least **1 hour before** the scheduled time of the first warning signal of the day.

**Time limits for signing:**

- Check-out: Before the scheduled time of the first warning signal.
- Check-in: Before the end of the protest time limit after the last race.

**Penalties for non-compliance:**

- A boat or board that fails to sign the check-out sheet is considered disqualified (DSQ) for the first race of the day. This changes RRS 60.5(b)(1).
- A boat or board that fails to sign the check-in sheet is considered disqualified (DSQ) for the last race of the day. This changes RRS 60.5(b)(1).
- A boat or board that fails to sign both the check-out and check-in sheets will be considered disqualified (DSQ) for all races of the day. This changes RRS 60.5(b)(1).

- 19.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

- 19.3 When flag V is displayed on the committee boat, support boats are to collaborate with the race committee in the safety measures on the water until flag V is removed.

- 19.4 For safety reasons, a support boat may require a competitor to accept a tow and be returned ashore.

- 19.5 The VHF channels will be:  
Zone ALPHA : 06  
Zone BRAVO : 08

<b>20.</b>	<b>EQUIPMENT OR CREW SUBSTITUTIONS</b>
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- 20.1 [DP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 20.2 [DP] The replacement of damaged or lost equipment will not be allowed without the approval of the race committee. Requests for replacement must be made to them in writing at the first reasonable opportunity.

<b>21.</b>	<b>EQUIPMENT AND INSPECTION</b>
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No items.

<b>22.</b>	<b>OFFICIAL VESSELS</b>
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Official vessels will be identified as follows:

Vessels	Identifications	
Race committee		

Jury		<b>JURY</b>	
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## 23. SUPPORT TEAM

- 23.1 [DP] [NP] The support vessel zone is defined in **addendum 3** – “SUPPORT VESSELS”. This zone applies upon order of the race committee.
- 23.2 [DP] [NP] If the zone is activated, the support vessel zone will apply to all racing areas. Support vessels must be positioned within this zone no later than the preparatory signal for each race.
- 23.3 The marks delimiting the support team’s boat zone are cylindrical yellow marks.
- 23.4 [DP] [NP] Coach boats may only leave the coach boat zone in the following cases:
- 23.4.1 After the last boat in the race has crossed the finish line;
  - 23.4.2 Upon instruction from the race committee;
  - 23.4.3 If the race is postponed or canceled (but not in the case of a general recall);
  - 23.4.4 To exit the racing area while moving away from the course.
- 23.5 [DP] [NP] Coach boats assisting their athletes in or around the starting area must limit their speed to five knots.
- 23.6 The FFVoile regulations regarding the conditions of intervention for support personnel during competitions shall apply.
- 23.7 [DP] [NP] Coach boats must be identified by a red and white flag, which will be provided at registration.
- 23.8 [DP] [NP] Coach boats must carry on board:
- Life jackets (minimum 50N) always worn by all persons on board,
  - A VHF radio,
  - A knife,
  - An anchor with an appropriate mooring line,
  - A floating towing line, 10mm in diameter and 15m long,
  - A kill switch device that must be connected to the driver whenever the engine is running.
- 23.9 The drivers of coach boats must comply with any request from officials or representatives of the organizing authority, especially those related to assistance. Coach boats must adhere to local navigation rules, particularly speed limits in different areas.

## 24. TRASH DISPOSAL

Trash may be placed aboard on all official or support person vessels.

## 25. BERTHING

[DP] Boats shall be kept in the area assigned while on the beach.



## **26. PRIZES**

Prizes will be awarded as follows:

- The first 3 Optimist Benjamins + the first girl Benjamin
- The first 3 Optimist Minimes + the first girl Minime
- The first 3 in ILCA 4 + the first girl in ILCA 4
- The first 3 in ILCA 6 + the first woman in ILCA 6
- The first 3 in ILCA 7
- The first 3 in Sunfish
- The first 3 in BIC 293 Minimes + the first girl BIC 293 Minime
- The first 3 in BIC 293 Cadets + the first girl BIC 293 Cadette
- The first 3 in Windfoil
- The first 3 in Wingfoil Senior + the first woman Wingfoil Senior
- The first 3 in Wingfoil Junior + the first girl Wingfoil Junior

The organizing authority reserves the right to award special prizes.

## **27 RESPONSABILITY**

27.1 Competitors participate in the regatta entirely at their own risk and they are solely responsible for their own safety. Competitors accept full responsibility for all their actions during any activity related to this event, including but not limited to onshore activities before, during, and after the regatta.

27.2 Participants and supporters are aware that the event may be subject to health and government restrictions.

27.3 Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event.
- (b) They are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore.
- (c) They accept responsibility for any injury, damage or loss caused by their own actions or omissions.
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate.
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organizer does not relieve them of their own responsibilities.
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
- (g) It is the Crews responsibility to familiarize themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.
- (h) It is the Crews responsibility to wear appropriate clothing and protective gear.

27.4 The fact that race officials may conduct inspections of a boat does not reduce any crew's responsibilities.

- 27.5 The OA (and their agents and servants), Jury, Race Officials (and their assistants, agents and servants), safety officers, patrol boat personnel and beach masters and everyone else connected with the event are not liable for, and you agree not to bring any claim or action in relation to, any direct or indirect or consequential loss, damage, costs, or injury whether prior to, during, or after the regatta. It is each competitor's responsibility and liability to decide whether their boat, equipment, crew and clothing are fit and suitable to sail in the conditions that they might find. By launching or going afloat competitors confirm they and their boat, clothing and equipment are fit for purpose and for the conditions, that they have the requisite skills to sail and compete and accept full liability. Nothing in these terms will limit or exclude any liabilities that cannot be limited or excluded by law, including: (i) for death or personal injury resulting from gross negligence; or (ii) for any damage or liability incurred because of fraud or fraudulent misrepresentation. All warranties, conditions and other terms implied by statute or common law are, to the fullest extent permitted by law, excluded.
- 27.6 The provision of patrol boats, race officials, support, and equipment inspection does not relieve owners and competitors of their responsibilities.

## 28. INSURANCE

Each participating crew/boat warrants that he/she shall be insured with valid third-party liability insurance with a minimum cover of €2,000,000 per incident or the equivalent. Each competitor will bring a copy of the Insurance Certificate, so that it is available to be produced on request. It is the crew's sole responsibility to ensure that the insurance is current, valid, and adequate.

## 29. ADDITIONAL INFORMATION

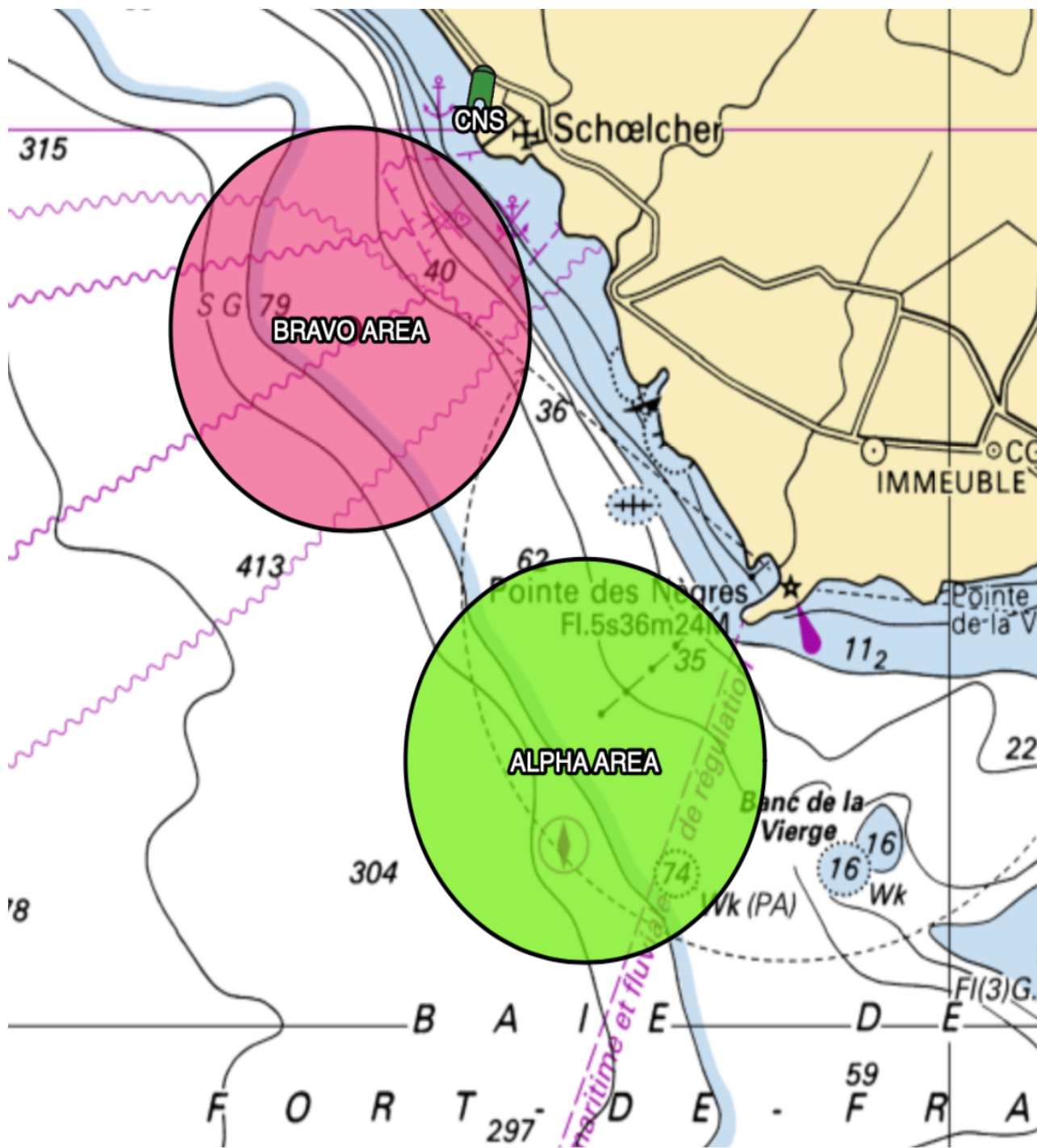
### Nautical Club of Schoelcher

Anse-Madame – Rue Bernard Boromé – 97233 – Schoelcher  
+596 (0)596 612 083 – Website : [Club Website](#) – E-mail : [Click-here](#)

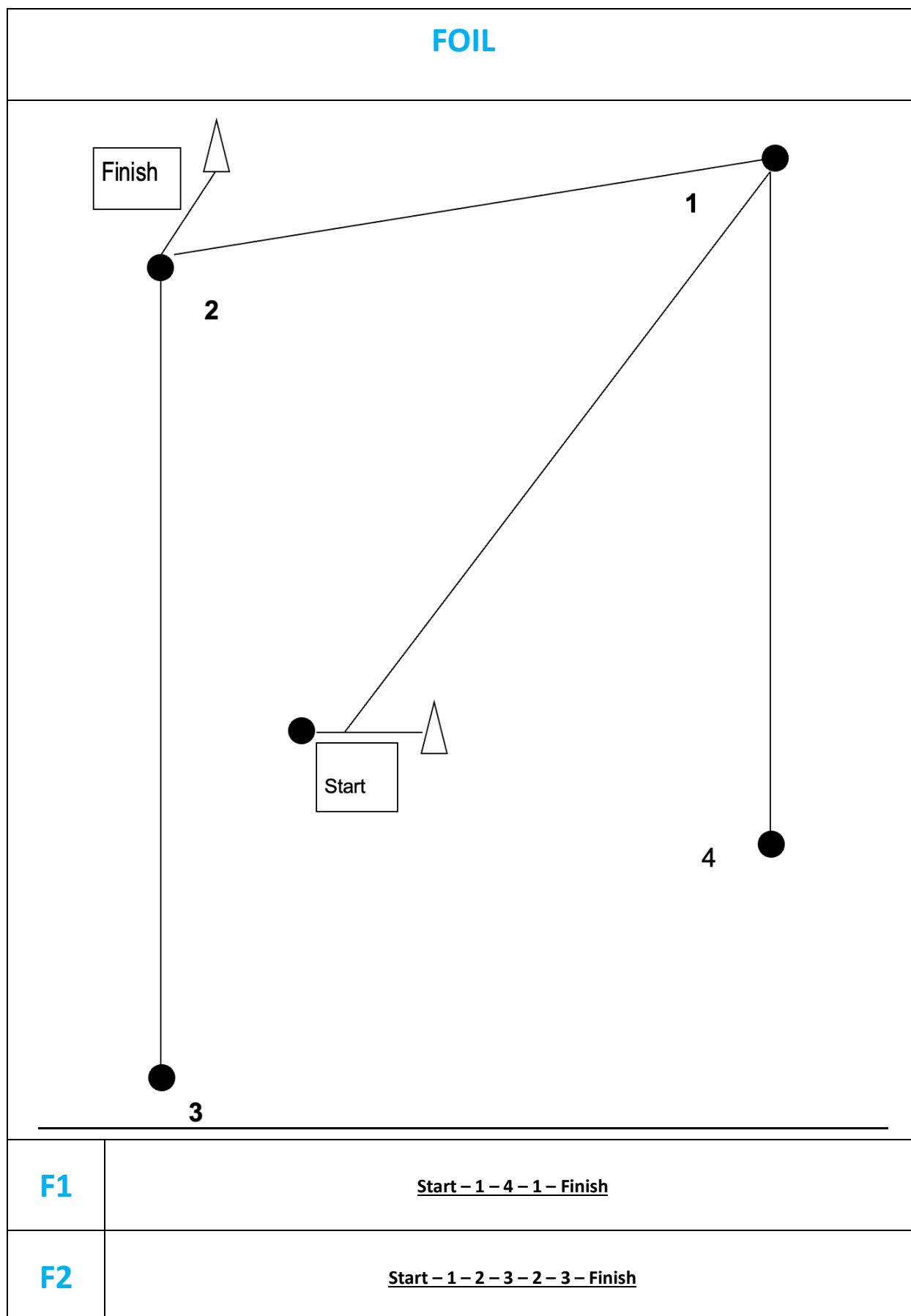
## RACE OFFICIALS APPOINTED:

ROLE	NAME	QUALIFICATION
<a href="#">Chairman of Jury</a>	Pierre PARENT	International judge in training
<a href="#">Members of Jury</a>	Jean-Michel CRIQUET	National judge
	Lucie DAUMAS	Regional judge
<a href="#">ALPHA Course Race Officer</a>	Honoré Gustave LAVALY	National race officer
<a href="#">Principal Race Officer</a>	Mathieu MAUDET	National race officer
<a href="#">ALPHA Deputy Race Officer</a>	Jessica PIERRE-LOUIS	Club race officer
<a href="#">BRAVO Deputy Race Officer</a>	Christel – Amelie LACOMBE	Regional race officer in training
<a href="#">Jeune Arbitre</a>	Nolhan CALLIER	
<a href="#">Results Officer</a>	Sylvie GRÉGOIRE	
<a href="#">Results Officer</a>	Annie COLOTROC	

## Addendum - 1 : RACING AREA

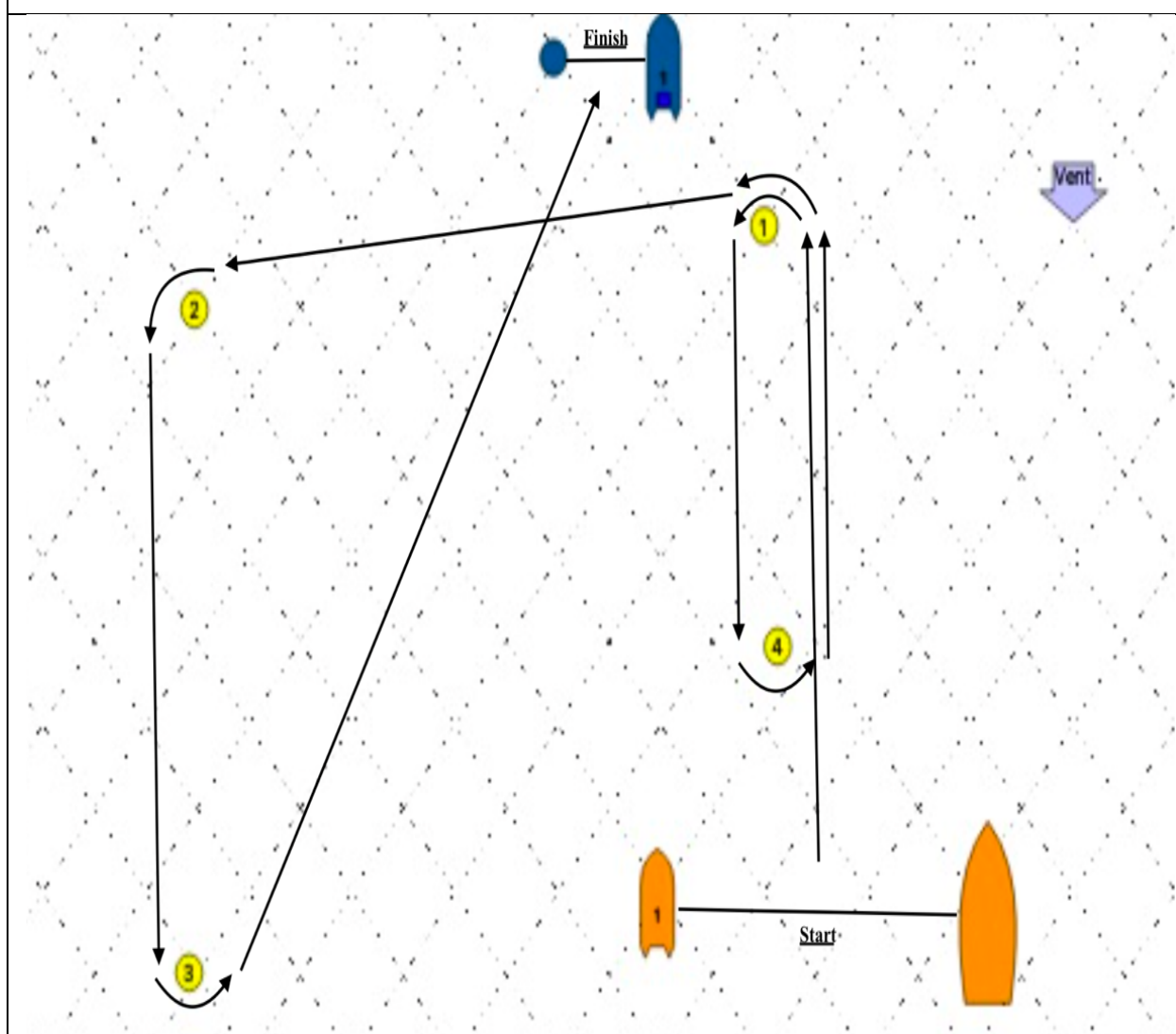


## Addendum - 2: COURSES (Wingfoils & Windfoils)



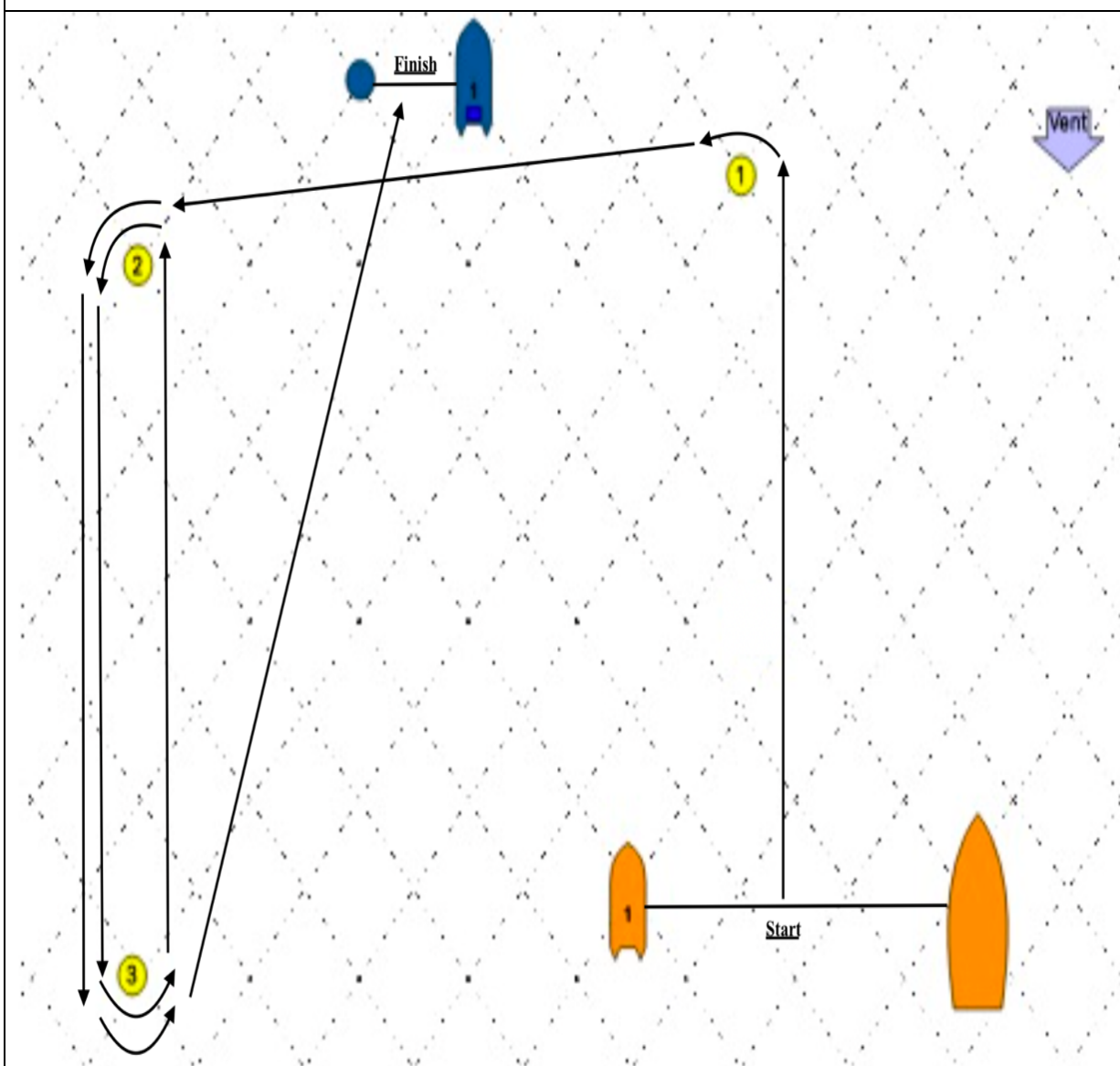
## Addendum - 2: COURSES (Optimist, ILCA, Sunfish & BIC 293)

### Trapèze IN



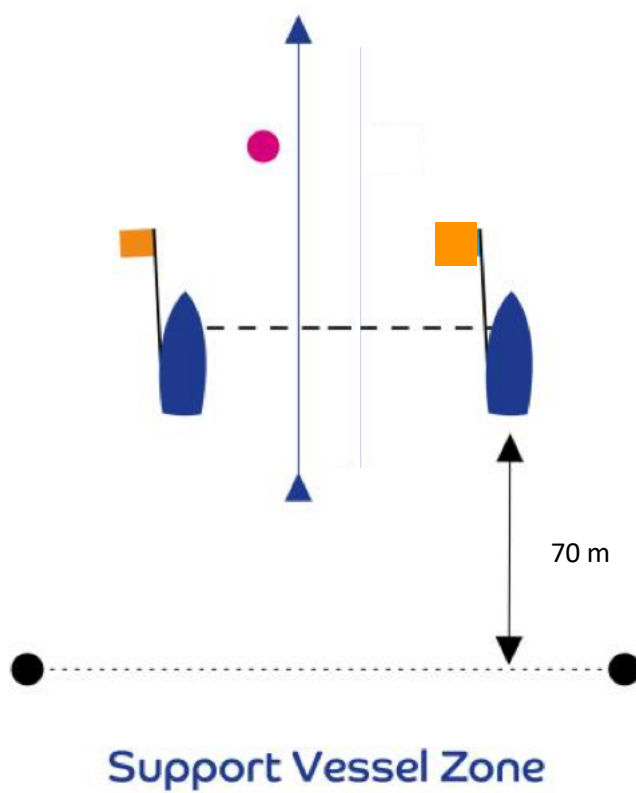
<b>I2</b>	<u>Start – 1 – 4 – 1 – 2 – 3 – Finish</u>
<b>I3</b>	<u>Start – 1 – 4 – 1 – 4 – 1 – 2 – 3 – Finish</u>

## Trapèze OUT



O2	<u>Start – 1 – 2 – 3 – 2 – 3 – Finish</u>
O3	<u>Start – 1 – 2 – 3 – 2 – 3 – 2 – 3 – Finish</u>

### Addendum - 3: SUPPORT TEAM



## **Addendum – 4: SEMI-DIRECT**

- SD1** Rule 44.1 is changed as follows: "A boat may take a penalty when she may have broken one or more rules of Part 2 in an incident while racing (except rule 14 when she has caused serious damage or injury), rule 31 or rule 42. However,
- (a) when she may have broken a rule of Part 2 and rule 31 in the same incident, she need not take the penalty for breaking rule 31;
  - (b) if she caused injury or serious damage or, despite taking a penalty, gained a significant advantage in the race or series by her breach, her penalty shall be to retire. The penalty in rule 44.2 shall be a one-turn penalty."
- SD2** (a) While racing, a boat may protest
- against another boat under a rule of Part 2 (except rule 14) for an incident in which she was involved,
  - or under rule 31,
  - or under rule 42 as modified by RRS P5 if the class rules so provide. To do so, she shall hail "Protest" and conspicuously display a red flag at the first reasonable opportunity for each protest (except if her length is less than 6m). She shall remove the flag before, or at the first reasonable opportunity after, a boat involved in the incident has voluntarily taken a penalty or after a judge's decision.
- (b) A boat protesting as provided in rule SD2(a) is not entitled to a hearing, except for incidents not subject to a judge's action on the water. Instead, a boat involved in the incident may acknowledge breaking a rule by voluntarily taking a penalty. A judge may penalize any boat that has broken a rule and was not exonerated, unless the boat voluntarily took a penalty.
- SD3** (a) When a boat
1. breaks an SI or a class rule governing the use of the bowsprit;
  2. breaks rule 31 and does not take a penalty;
  3. breaks rule 42;
  4. breaks rule 49 or a class rule governing crew position;
  5. gains an advantage despite taking a penalty;
  6. commits a breach of sportsmanship; or
  7. fails to comply with rule SD5 or fails to take a penalty when required by a judge; a judge may penalize her without a protest from another boat. The judge may impose a penalty of one or more turns, each signaled according to rule SD4(b), or report the incident to the jury for further action. If a boat is penalized under rule SD3(a)(7) for failing to take a penalty or failing to take it correctly, the original penalty is cancelled.
- (b) A judge who decides, based on their own observation or a report from any source, that a boat may have broken a rule, other than a rule listed in rule SD2(a), may inform the jury so that they may take further action under rule 60.1. However, they will not inform the jury of an alleged breach of rule 14 except in case of damage or injury.
- SD4** A judge shall signal a decision as follows:
- (a) a green and white flag with one long sound signal means "no penalty";
  - (b) a red flag with one long sound signal means "a penalty has been given or remains pending". The judge shall hail or identify each boat in this case.
- SD5** A boat penalized under rule SD4(b) shall take a penalty.
- SD6** No proceedings of any kind may be taken in relation to the action or non-action of a judge on the water. A boat may protest or request redress for incidents not subject to action by the jury on the water in accordance with SD2(b).
- SD7** A boat intending to
- (a) protest another boat under a rule other than rule SD5;
  - (b) protest another boat under rule 14 if there was contact causing damage or injury; or
  - (c) request redress; shall protest or request redress within the time limit available to the boat.



## Addendum – 5: WHATSAPP



# 34e SNIS - Coureur

Groupe WhatsApp

